



# DIOCESAN REQUIREMENTS

Preparation for Confirmation might be the most misunderstood of all the seven sacraments. What is required? Why is it required? This sheet is meant to help you understand more clearly each of the components of our Confirmation program.

## ARCHDIOCESE GUIDELINES

The Archdiocese calls for four different components that work together to prepare us for Confirmation. Below are descriptions of each Archdiocesan component, and then specifically which part of the St. Monica's Confirmation Program coincides with each component.

## FAITH FORMATION

### Youth Group in Year 1 & Year 2

This is general, ongoing faith formation that we are called to take part in for the entirety of our existence on the earth as Catholics. If our relationship with Jesus is the most important thing on this earth, we want to delve deeper into that with our heads and our hearts as we go along – no matter what our age! We never stop growing in faith formation, even into our adult life. Prior to receiving a Sacrament, we should have two consistent years of faith formation leading up to the Sacrament.

## FREE STANDING SACRAMENTAL PREPARATION

### Year 2 Confirmation Nights and St. Monica's Retreat

Similar to how we go through marriage preparation prior to the Sacrament of Marriage in the Catholic Church, in the same way, there is separate preparation for Confirmation before we receive the Sacrament. What is the point in getting Confirmed and receiving the Holy Spirit in the Sacrament of Confirmation if we have no idea how to tap into it in our lives?

## PARISH LIFE

### Parish Service Hours and Growing in Community at Youth Group

As we get Confirmed, we become connected to the Body of Christ on a deeper level through the Holy Spirit. This doesn't just mean our relationship with Christ grows, it means that our bond with the Church and other members of the Church is strengthened in a new way. A huge part of Confirmation is not just receiving the Holy Spirit, but also learning to grow in community in our parish as well as learning to give back to our parish.

## SERVICE

### Year 1 & Year 2 Service Hours

Our universal call as Christians is to love — to imitate the love of Christ and the Saints with not just our words, but with our hearts and our hands. As we prepare for Confirmation, we begin to learn how to serve those in need as Jesus did.