



St. Monica's

CONFIRMATION PATRON SAINT FORM

What is a Confirmation Patron Saint?

As we prepare for the Sacrament of Confirmation, Confirmation Saints are chosen to be a person we want to be like, as well as someone who can pray for us. As St. Paul said, "We are surrounded by so great a cloud of witnesses," (Hebrews 12:1) and these witnesses are the Saints who continually intercede for us. In choosing a Confirmation Saint, we are choosing a friend to intercede for us in Heaven and after whom we can model our lives while here on earth.

Tips for Choosing Your Confirmation Patron Saint?

First and foremost, pray. It is important that we don't quickly make this decision, but take the time to pray about it. You can find a list of Saints organized by what they are a patron Saint of, so you can always pick a Saint who is the patron of a hobby or interest that you have. Think also about the virtues and actions that your Saint exhibited while on earth, and find the ones that connect with you. It is often said that we do not choose our Saints, but they choose us, so pray that your Saint will choose you and make it clear that they need to be your patron.

Your Patron Saint

Teen Name: _____

Saint Name: _____ **Feast Day:** _____ **Patron Of:** _____

Feel free to use the back for extra space.

Share a brief history of your Patron Saint: (5 or more sentences)

How do you feel your Patron Saint's intercession will help you in your spiritual journey? (5 or more sentences)

Why did you choose your Patron Saint? (5 or more sentences)

Please complete and turn in this form, so that we may have a record of your Patron Saint.