

LIFE • IN THE • VALLEY



WINTER RETREAT | JAN 24-26

THANK YOU

Parents, thank you for sending your teen on this year's Winter Retreat! It is an honor to help lead your teen closer to our Lord, and we're excited to explore Psalm 23 with them. Let us know if there are any questions still unanswered after looking over this packing list!

DROP OFF & PICK UP

Our retreat will begin Friday, Jan. 24. Teens should arrive to St. Monica's by 5pm to eat dinner and prepare to head to camp.

We will travel by bus to Covecrest and will **leave St. Monica's at 6pm.**

We will leave Covecrest at 2pm on Sunday, Jan. 26, and should **return to St. Monica's around 3:45pm.**

Covecrest Address:
25 Falls Drive
Tiger, GA 30576

PACKING LIST

- A duffel bag is recommended
- Two days worth of clothes
- An outfit for Mass
- Comfortable shoes
- Closed toe shoes for activities
- A coat or hoodie
- Toiletries and towel
- Twin sheets or sleeping bag and pillow
- A backpack to carry daily items
- Bible, rosary, journal, etc.
- Reusable water bottle
- Flashlight
- Personal snacks
- Money for the Outpost if desired to buy snacks, shirts, accessories, etc.

Please **do not** bring electronics, drugs, weapons, or alcohol. Phones will be collected when teens arrive for check in.

Any medication should be communicated with us directly, but teens are allowed to administer on their own if preferred.

CONTACT

If you have a need to contact me, Kevin, you can reach my cell phone: **678-852-8836**

Teens will have their phones collected, as we do at Youth Group, so you will not be able to contact them directly.