

## **Mentorship Guide**

### **// Understanding Strengths and Weaknesses //**

**Begin in prayer together.**

**Take some time to discuss their life since you last met. You're more than welcome to share your answers as well. Some questions to ask:**

What's been the highlight of your week?

What are you currently excited about?

Who's the strongest person you know?

**Discuss their journey in discovering their strengths and weaknesses. Some questions to ask:**

How can we measure our strengths and weaknesses?

What would you say your top three strengths are? How do you know you're strong in those areas?

What would you say your top three weaknesses are? How do you know you're weak in those areas?

In what ways can you focus in on those weaknesses in order to strengthen them?

Do you believe that the Lord can provide strength when you feel like you're lacking?

Establish one goal for facing those weaknesses and using those strengths.

**Before completing your conversation:**

Establish another time to meet

Choose a topic to focus on for next time

**Close in prayer. Share any intentions that can be prayed for.**